



## Emergency Contact Numbers

SERVICE / ORGANISATION NAME	HOURS	DETAILS	PHONE
<b>Crisis</b>			
Mental Health Emergency Response Line (MHERL)	24 hrs, 7 days	Metro	1300 555 788
	24 hrs, 7 days	Peel Region only	1800 676 822
Father Brian's Crisis Care Centre			(08) 9481 4050
Wesley Mission		Emergency relief: incl financial & food	(08) 9325 2400
		Homeless Support	(08) 9220 1200
<b>Suicide</b>			
Lifeline	24 hrs, 7 days		13 11 14
Salvation Army - Suicide Line	24 hrs, 7 days		(08) 9442 5750
Suicide Helpline Call Back Service			1300 659 467
Samaritans Suicide Emergency Service		country	1800 198 313
		Emergency line	(08) 9381 5555
<b>Counselling</b>			
Anglicare		Free Call	1800 812 511
Beyond Blue	24 hrs, 7 days		1300 22 4636
Carers Counselling Line (Carers WA)	Mon - Fri 8 am - 5 pm		1800 007 332
Crisis Care	24 hrs, 7 days	Metro	(08) 9223 1111
	24 hrs, 7 days	Country Callers	1800 199 008
Lifeline	24 hrs, 7 days		13 11 14
Mensline Australia	24 hrs, 7 days	Counseling service for men	1300 78 99 78
Salvation Army - Counselling	24 hrs, 7 days	Counseling line	(08) 9442 5777
Samaritans	24 hrs, 7 days	Careline	(08) 9381 5555
	24 hrs, 7 days	Youthline	(08) 9388 2500
	24 hrs, 7 days	Country	1800 198 313
SANE helpline	9-5 weekdays		1800 18 SANE (7263)



## Emergency Contact Numbers

SERVICE / ORGANISATION NAME	HOURS	DETAILS	PHONE
<b>Alcohol &amp; Drug</b>			
Alcohol & Drug Information Service	24 hour, 7 days		1800 198 024 (country toll free)
Health direct Australia	24 hrs, 7 days		1800 022 222
<b>Domestic Violence</b>			
Men's Domestic Violence Helpline	24 hrs, 7 days	Metro	(08) 9223 1199
Men's Domestic Violence Helpline	24 hrs, 7 days	Free Call	1800 007 599
Women's Domestic Violence Helpline	24 hrs, 7 days		(08) 9223 1188
	24 hrs, 7 days	Free call	1800 007 339
<b>Carers</b>			
Arafmi (carers, relatives, friends) counseling	Mon - Fri 9am -4:30 pm		(08) 9427 7100
Carers Counselling Line (Carers WA)	Mon - Fri 8 am - 5 pm		1800 007 332
Carers WA	Mon - Fri 8.30 am - 4.30 pm		1300 227 377
<b>Financial Assistance</b>			
Consumer Credit Legal Service (WA) We help the WA community develop just and fair relationships with banks and financial institutions			(08) 9221 7066
<b>Family Support</b>			
Child Protection and Family Crisis Service			1800 656 463
Family Helpline	24 hrs, 7 days		(08) 9223 1100
	24 hrs, 7 days	Free call STD	1800 643 000
Parenting Line	24 hrs, 7 days		(08) 6279 1200
	24 hrs, 7 days	Free call STD	1800 654 432



## Emergency Contact Numbers

SERVICE / ORGANISATION NAME	HOURS	DETAILS	PHONE
<b>Youth &amp; Kids</b>			
Kids Helpline ( <i>if you are under 18 years</i> )	24 hrs, 7 days	Free call STD	1800 551 800
Samaritans	Youthline		(08) 9388 2500
<b>Law</b>			
Mental Health Law Centre	9:00am - 4:30pm	Free call STD	1800 620 285
	9:00am - 4:30pm		9328 8266
<b>Rural</b>			
Rural link -specialist after-hours mental health telephone service for the rural communities of WA	4.30 pm – 8:30am Mon- Fri 24 hours (Sat, Sun & public holidays)	Free call STD	1800 552 002
Rural link -specialist after-hours mental health telephone service for the rural communities of WA	4.30 pm – 8:30am Mon- Fri 24 hours (Sat, Sun & public holidays).	Free call STD	TTY 1800 720 101
<b>Transcultural and Translating Services</b>			
Transcultural Mental Health Centre			(08) 9224 1760
Translating & Interpreting Service (TIS)			13 14 50