

Family Support Program

Family Support Program (FSP) recognises that building family resilience is the foundation for achieving positive outcomes.

FSP will work with up to 25 families (at any one time) in the provision of home and community based support services as well as;

- Promote and develop resilience and recovery in families.
- Assist in the prevention of unnecessary hardship through early prevention strategies.
- Assist families to participate in community life.



Artwork by
Pauline Miles
COMIC WA

Referral Process

This service is available to Families:

- Who have a child or children under the age of 18 living at home.
- Where there is a Family member living with Mental Illness.
- Who live in the North Metropolitan Health area.

Referrals will be accepted from General Practitioners, Mental Health and Allied Health professionals. Self referrals will also be accepted.



Contact the Manager of the Family Support Program during business hours 9 a.m. to 4.30 p.m. Monday to Friday

Phone (08) 9228 0200

The Family Support Program operates from Mental Illness Fellowship WA Inc at
110 Edward Street, Perth WA 6000

Postal address
**PO Box 8422,
Perth Business Centre WA 6849**

www.mifwa.org.au

Email: fsp@mifwa.org.au

This program is funded by the Commonwealth Department of Families and Housing, Community Services and Indigenous Affairs (FaHCSIA)



Family Member with a Mental Illness

Try Our Home Delivery Support Service Family Support Program



Program Focus

- Education and information about mental illness.
- Family centered support plans and family driven goal planning.
- Communication skills, problem solving training and healthy coping strategies.
- Assistance to access community facilities
- Practical home support.
- Development of formal and informal supports.
- Referral and linkages to existing services
 - Multicultural – Indigenous
 - Respite – Youth
 - Drug and Alcohol.

A Partnership Venture

COMIC WA (Children of Mentally Ill Consumers WA)

COMIC WA will work with the Family Support Program to provide education and resources to the broader community to raise awareness of the needs within families where there is a mental illness present.

Both **MIFWA** and **COMIC WA** have a shared understanding that by listening to people who have a mental illness as well as their children, parents and family members we will develop a family focused understand of factors which families identify as influencing **Recovery**.



Sharing & Educating

Telling Our Stories

Telling our stories helps to inform and educate the community to have a better understanding of what it is like to live with a mental illness. We will raise awareness of recovery from mental illness and the things that help or hinder the process of **Recovery**.

Recovery



“ They say my work is just a drop in the ocean
I say the ocean is full of drops ”

Mother Theresa