



**MENTAL HEALTH CARERS NT PRESENTS
A SCHIZOPHRENIA AWARENESS WEEK 2011 EVENT
SATURDAY 21ST MAY 2011 2.30PM**

**“Unlocking the Door to Health and Wellbeing:
Where do we find the key?”**

The Mental Illness Fellowship of Australia and Mental Health Carers NT invites you to a webinar event for Schizophrenia Awareness Week in 2011.

At a central event on Saturday 21 May 2011 in Sydney a panel of experts from academia, MIFA member service providers, consumers and carers and our MC Julie McCrossin, journalist and broadcaster will gather and await the rest of Australia to join them.

You have two choices about how to get involved – either come along to the local event at CDU or TEMHCO Palmerston (places are limited and registration is essential), or log on to the website and telephone from home.

To Register for the local event at CDU or TEMHCO call Mental Health Carers NT 8948 1051

Or

**To log in at home register at
<http://www.meetview.com/healthwellbeing20110521/>**

The aim of this event is to get all of Australia talking and thinking about the physical health of people affected by mental illness by:

- Discussing the latest evidence about the health of people living with a mental illness and what we need to do about it.
- Hearing personal stories from consumers, carers and service providers about the challenges of building good physical health and how to overcome these challenges.
- Building hope for a better future by identifying practical things we can all do to improve the physical health of people with a mental illness.
- Enjoying a lively discussion with audience participation from around Australia and from people at home.

Join us on 21st May 2011 at this unique event