



Stigma and Mental Illness

November 2013

POLICY

The Mental Illness Fellowship of Australia will actively combat the impact of stigma on people affected by severe mental illness by ensuring that stereotype, prejudice and discrimination are challenged. We will also seek to engage and educate stakeholders by providing positive images of the lives of people affected by severe mental illness.

PRINCIPLES

Stigma is identified by people with mental illness and their carers as one of the single greatest deterrent to their full citizenship within our society. It often includes elements of self stigma where people affected by mental illness accept the stereotypes and the consequent discrimination aimed at them. MIFA believes that it is our responsibility to work collaboratively to challenge inaccurate or prejudicial beliefs and replace them with evidence based information.

ACTIONS

MIFA will continue to provide positive stories of recovery and hope to stakeholders and actively challenge stereotypes about people affected by severe mental illness. MIFA will work with national partners in stigma reduction to highlight the positive contributions of people affected by mental illness.

Contact

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